Change for good

Strategy 2022-2025



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Change for good Strategy 2022-2025

Lasting change through learning. Because everyone deserves to thrive.

Our values help everyone thrive.



Tailored

We always put people at the centre of our work.



Humour

Great things can be achieved when we are happy and have fun.



Resilient

Flexibility, confidence, and creativity turn challenges into opportunities.



Integrity

Passion and professionalism are vital for all involved in our organisation.



Value

Everybody
deserves respect
and we are
enriched through
our differences.



Empathy

Compassion and care are in everything we do.



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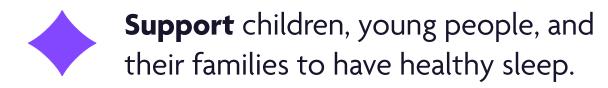




Thriving through healthy sleep.

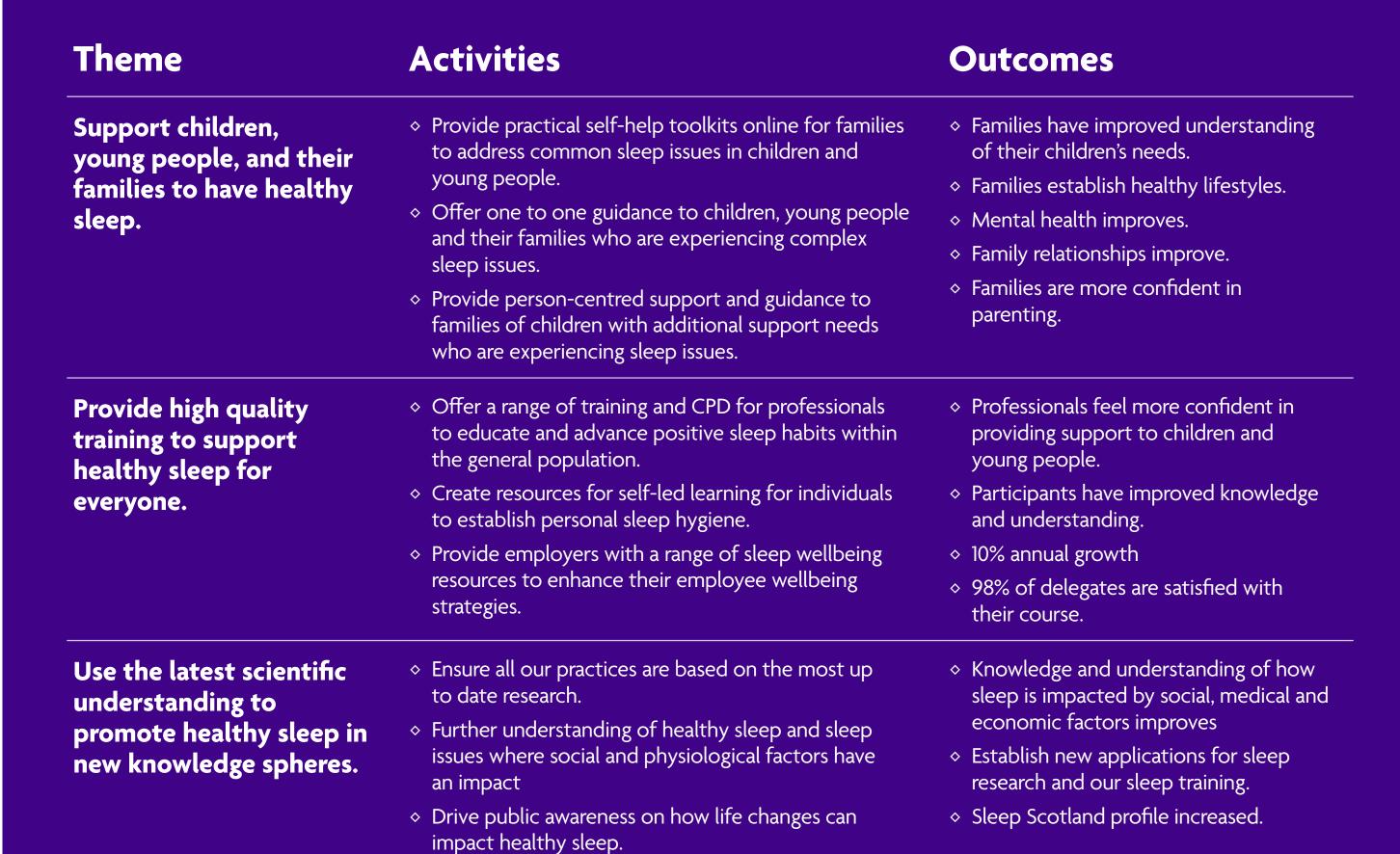
We are the leading provider of sleep support, training and resources in the UK. We work with professionals, families and employers to promote healthy sleep for everyone.





Provide **high quality training** to support healthy sleep for everyone.











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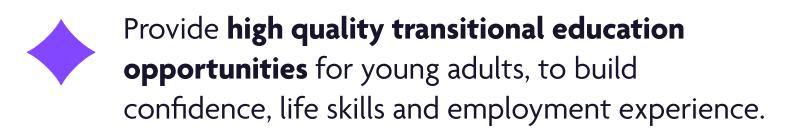




Helping people with additional support needs to **thrive**.

We are with you on your journey for as long as you need. We provide tailored learning, life and social skills to help you find your way.







Provide a **high-quality 'Friends+' service** to support students and their families 24/7.

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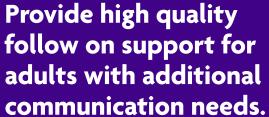
Activities

Provide high quality transitional education opportunities for young adults, to build confidence, life skills and employment experience.

- Offer a transitional person-centred day services that focus on students achieving their full potential.
- Provide a range of education and therapeutic disciplines to support our students and their families to learn new skills and approaches.
- Work in the local community to create opportunities for learning and development in a range of settings.
- Provide a safe and supported environment to enable students to build confidence in living independently.
- Offer workplace experience by providing training to enrich lives.
- Work in partnership with local schools and local authorities to establish supportive transitions into and out of our transitional services.

Outcomes

- Students have ownership of their learning.
- Students experience improved communication and social skills.
- Students have increased access to opportunities.
- Students have improved mental health and wellbeing.
- Students have more transferable life skills.



- Provide person centred day services that focuses on supporting our adult students to achieve their potential.
- Work in the local community to create opportunities for learning and development in a range of settings.
- Offer workplace experience by providing training to enrich lives.
- Establish a network of support services to offer a joined-up hub of adult support and transitions in the Lothians.

- Our adult students feel less isolated and more resilient
- Adult students have improved communication and self-expression
- Adult students have greater independence
- Adult students have improved mental health and wellbeing.

Provide a high-quality 'Friends+' service to support students and their families 24/7.

- Support the day-to-day life of our students outside of our Teens+ service by providing personal supports alongside the family.
- Provide support that works with the individual learning plans to support our students and their families.
- Students are healthier and happier
- Students are more independent.



